



TORRIN LAWRENCE MEMORIAL

Final Schedule

FRIDAY, May 1st, 2026

TRACK EVENTS

8:30 PM	WOMEN	Mile
8:45 PM	MEN	Mile

SATURDAY, May 2nd, 2026

FIELD EVENTS

11:00 AM	WOMEN	Hammer (Throws Pavillion - West Ring) (1 Flight)
12:15 PM	MEN	Hammer (Throws Pavillion - West Ring) (1 Flight)
12:30 PM	WOMEN	Javelin Throw (Stadium) (1 Flight)
1:00 PM	MEN	High Jump (North Pit)
1:00 PM	WOMEN	Shot Put (1 Flight)
1:30 PM	MEN	Discus (Throws Pavillion – Direction TBD) (1 Flight)
1:30 PM	WOMEN	Long Jump (South Pit) (1 Flight)
1:30 PM	MEN	Long Jump (North Pit) (1 Flight)
1:30 PM	WOMEN	Pole Vault (Center Pit)
TO FOLLOW	MEN	Pole Vault (Center Pit)
2:00 PM	MEN	Javelin Throw (Stadium) (1 Flight)
2:30 PM	MEN	Shot Put (1 Flight)
2:30 PM	WOMEN	Discus (Throws Pavillion – Direction TBD) (1 Flight)
2:45 PM	WOMEN	High Jump (South Pit)
3:00 PM	WOMEN	Triple Jump (South Pit) (1 Flight)
3:00 PM	MEN	Triple Jump (North Pit) (1 Flight)

TRACK EVENTS

12:00 PM NATIONAL ANTHEM

TORRIN LAWRENCE PRESENTATION

12:20 PM	WOMEN	4x100m Relay
12:25 PM	MEN	4x100m Relay
12:40 PM	WOMEN	100m Hurdles
12:55 PM	MEN	110m Hurdles
1:10 PM	WOMEN	400m
1:20 PM	MEN	400m
1:30 PM	WOMEN	100m
1:40 PM	MEN	100m
1:50 PM	WOMEN	800m
1:55 PM	MEN	800m
2:05 PM	WOMEN	400m Hurdles
2:15 PM	MEN	400m Hurdles
2:25 PM	WOMEN	200m
2:35 PM	MEN	200m

2:50 PM SENIOR RECOGNITION

3:10 PM	WOMEN	3000m
3:30 PM	MEN	3000m Steeplechase
3:45 PM	WOMEN	4x400m Relay
3:55 PM	MEN	4x400m Relay

4:00 PM MEET ENDS