



SPEC TOWNS INVITATIONAL

Tentative Schedule as of 8/14/2025

SATURDAY, APRIL 11th, 2026

TRACK EVENTS

11:55 AM	NATIONAL	ANTHEM
12:00 PM	MEN	110m Hurdles Prelim
12:15 PM	WOMEN	100m Hurdles Prelim
1:00 PM	WOMEN	4x100m Relay
1:10 PM	MEN	4x100m Relay
1:20 PM	WOMEN	Invite 800m
1:25 PM	MEN	Invite 800m
1:30 PM	WOMEN	100m Hurdles Final
1:40 PM	MEN	110m Hurdles Final
2:00 PM	WOMEN	400m
2:20 PM	MEN	400m
2:40 PM	WOMEN	100m
2:55 PM	MEN	100m
3:15 PM	WOMEN	3000m Steeplechase
3:30 PM	MEN	3000m Steeplechase
3:45 PM	WOMEN	4x400m Relay
3:55 PM	MEN	4x400m Relay

FIELD EVENTS

12:00 PM	WOMEN	Shot Put
1:00 PM	MEN	Shot Put
1:30 PM	WOMEN	Triple Jump
1:30 PM	MEN	Triple Jump
2:00 PM	WOMEN	Discus Throw
2:30 PM	WOMEN	High Jump
2:30 PM	MEN	High Jump
3:00 PM	MEN	Discus Throw