



# SPEC TOWNS INVITATIONAL

Tentative Schedule as of 8/14/2025

FRIDAY, APRIL 10<sup>th</sup>, 2026

## TRACK EVENTS

12:00 PM	DECATHLON	110m Hurdles
3:00 PM	HEPTATHLON	800m
<b>3:55 PM</b>	<b>NATIONAL ANTHEM</b>	
4:00 PM	WOMEN	200m
4:15 PM	MEN	200m
4:30 PM	DECATHLON	1500m
4:45 PM	WOMEN	400m Hurdles
5:00 PM	MEN	400m Hurdles
5:30 PM	WOMEN	800m
5:45 PM	MEN	800m
6:00 PM	WOMEN	1500m
6:15 PM	MEN	1500m
6:30 PM	WOMEN	5000m
6:50 PM	MEN	5000m

## FIELD EVENTS

12:30 PM	HEPTATHLON	Long Jump
12:35 PM	DECATHLON	Discus Throw
1:30 PM	WOMEN	Hammer
1:30 PM	HEPTATHLON	Javelin Throw
1:30 PM	DECATHLON	Pole Vault (Center Pit)
2:30 PM	MEN	Hammer
3:00 PM	WOMEN	Pole Vault (North or South Pit)
3:15 PM	DECATHLON	Javelin Throw
4:30 PM	WOMEN	Javelin Throw
5:30 PM	MEN	Pole Vault (Center Pit)
5:30 PM	MEN	Javelin Throw
6:00 PM	WOMEN	Long Jump
6:00 PM	MEN	Long Jump