

2026 NC STATE RALEIGH RELAYS SCHEDULE - TENTATIVE

THURSDAY, MARCH 26th				
TIME	EVENT	SECTION	CLASSIFICATION	STANDARD
4:15 PM	1500m	16 Sections - ~ 1 every 4 min	Men	Seeded
5:30 PM	3000m Steeplechase	Section 1	Men	Seeded
5:41 PM	3000m Steeplechase	Section 2	Men	Seeded
5:52 PM	3000m Steeplechase	Section 3	Men	Seeded
6:03 PM	3000m Steeplechase	Section 4	Men	Seeded
6:15 PM	3000m Steeplechase	Section 5	Men	Seeded
6:33 PM	5000m	Section 1	Men	Seeded
6:49 PM	5000m	Section 2	Men	Seeded
7:05 PM	5000m	Section 3	Men	Seeded
7:21 PM	5000m	Section 4	Men	Seeded
7:37 PM	5000m	Section 5	Men	Seeded
7:53 PM	5000m	Section 6	Men	Seeded
8:09 PM	5000m	Section 7	Men	Seeded
8:25 PM	5000m	Section 8	Men	Seeded
8:41 PM	5000m	Section 9	Men	Seeded
8:57 PM	5000m	Section 10	Men	Seeded
9:25 PM	10,000m	Section 1	Men	Seeded
10:00 PM	10,000m	Section 2	Men	Seeded
10:35 PM	10,000m	Section 3	Men	Seeded

TIME	EVENT	SECTION	CLASSIFICATION
9:30 AM	Javelin	Final	Men
9:15 AM	Shot Put	Final	Women
1:00 PM	Shot Put	Final	Men
1:15 PM	Javelin	Final	Women

Implement Inspection			
7:30 AM	Javelin	Men	
7:30 AM	Shot Put	Women	
9:30 AM	Javelin	Women	
9:30 AM	Shot Put	Men	

FRIDAY, MARCH 27th				
TIME	EVENT	SECTION	CLASSIFICATION	STANDARD
11:45 AM	100mH	Timed Sections	Women	Final
12:25 PM	110mH	Timed Sections	Men	Final
1:00 PM	100m	Timed Sections	Women	Final
1:30 PM	100m	Timed Sections	Men	Final
2:10 PM	400m	Timed Sections	Women	Final
2:50 PM	400m	Timed Sections	Men	Final
3:30 PM	1500m	17 Sections - ~ 1 every 5 min	Women	Seeded
5:04 PM	3000m Steeplechase	Section 1	Women	Seeded
5:17 PM	3000m Steeplechase	Section 2	Women	Seeded
5:30 PM	3000m Steeplechase	Section 3	Women	Seeded
5:42 PM	3000m Steeplechase	Section 4	Women	Seeded
6:00 PM	5000m	Section 1	Women	Seeded
6:20 PM	5000m	Section 2	Women	Seeded
6:40 PM	5000m	Section 3	Women	Seeded
7:00 PM	5000m	Section 4	Women	Seeded
7:19 PM	5000m	Section 5	Women	Seeded
7:38 PM	5000m	Section 6	Women	Seeded
7:57 PM	5000m	Section 7	Women	Seeded
8:16 PM	5000m	Section 8	Women	Seeded
8:35 PM	5000m	Section 9	Women	Seeded
8:54 PM	5000m	Section 10	Women	Seeded
9:20 PM	10,000m	Invitational	Women	Seeded
9:57 PM	10,000m	Section 1	Women	Seeded
10:35 PM	10,000m	Section 2	Women	Seeded

TIME	EVENT	SECTION	CLASSIFICATION
9:45 AM	Discus	Final	Women
10:30 AM	Pole Vault	Final - Invitational to Follow	Men
10:30 AM	Triple Jump	Final (1 pit)	Women
11:00 AM	High Jump	Final (2 pits)	Men
1:45 PM	High Jump	Final (2 pits)	Women
2:00 PM	Discus	Final	Men
2:30 PM	Triple Jump	Final (1 pit)	Men

Implement Inspection			
7:30 AM	Discus	Women	
9:30 AM	Discus	Men	
12:00 PM	Hammer (impounded)	Women	
12:00 PM	Hammer (impounded)	Men	

SATURDAY, MARCH 28th				
TIME	EVENT	SECTION	CLASSIFICATION	STANDARD
12:00 PM	4x100m	Timed Sections	Women	Final
12:20 PM	4x100m	Timed Sections	Men	Final
12:40 PM	800m	Timed Sections	Women	Final
1:40 PM	400mH	Timed Sections	Women	Final
2:05 PM	400mH	Timed Sections	Men	Final
2:40 PM	200m	Timed Sections	Women	Final
3:20 PM	200m	Timed Sections	Men	Final
4:05 PM	800m	Timed Sections	Men	Final
5:10 PM	4x400m	Timed Sections	Women	Final
5:35 PM	4x400m	Timed Sections	Men	Final

TIME	EVENT	SECTION	CLASSIFICATION
9:30 AM	Hammer	Final	Men
10:00 AM	Pole Vault	Final - Invitational to Follow	Women
10:45 AM	Long Jump	Final (2 pits)	Women
1:30 PM	Hammer	Final	Women
1:45 PM	Long Jump	Final (2 pits)	Men

