

2026 ACC Swimming & Diving Championships Schedule of Events

Sunday, February 15 | Day One of Meet | Start Times Subject to Change

Round	Event	Start Times (All times Eastern)
Prelims	Men's 1-meter Diving	12:00 PM
Prelims	Women's 3-meter Diving	12:00 PM
Finals	Women's 3-meter Diving	6:35 PM
Finals	Men's 1-meter Diving	7:15 PM

Monday, February 16 | Day Two of Meet | Start Times Subject to Change

Round	Event	Start Times (All times Eastern)
Prelims	Women's 1-meter Diving	12:00 PM
Prelims	Men's 3-meter Diving	12:00 PM
Finals	Men's 3-meter Diving	6:35 PM
Finals	Women's 1-meter Diving	7:15 PM

Tuesday, February 17 | Day Three of Meet | Start Times Subject to Change

Round	Event	Start Times (All times Eastern)
Prelims	Women's Platform Diving	10:30 AM
Prelims	Men's Platform Diving	1:45 PM
Finals	Women's 200 Medley Relay	5:30 PM
Finals	Men's 200 Medley Relay	5:41 PM
Finals	Women's Platform Diving	5:52 PM
Finals	Women's 800 Free Relay	6:38 PM
Finals	Men's 800 Free Relay	6:59 PM
Finals	Men's Platform Diving	7:21 PM

Wednesday, February 18 | Day Four of Meet | Start Times Subject to Change

<u>Round</u>	<u>Event</u>	<u>Start Times (All times Eastern)</u>
Prelims	Women's 500 Free	9:30 AM
Prelims	Men's 500 Free	10:10 AM
Prelims	Women's 200 IM	10:37 AM
Prelims	Men's 200 IM	10:57 AM
Prelims	Women's 50 Free	11:13 AM
Prelims	Men's 50 Free	11:23 AM
Finals	Women's 200 Free Relay	5:31 PM
Finals	Men's 200 Free Relay	5:43 PM
Finals	Women's 500 Free	5:59 PM
Finals	Men's 500 Free	6:23 PM
Finals	Women's 200 IM	6:46 PM
Finals	Men's 200 IM	7:02 PM
Finals	Women's 50 Free	7:17 PM
Finals	Men's 50 Free	7:28 PM

Thursday, February 19 | Day Five of Meet | Start Times Subject to Change

<u>Round</u>	<u>Event</u>	<u>Start Times (All times Eastern)</u>
Prelims	Women's 400 IM	9:30 AM
Prelims	Men's 400 IM	9:57 AM
Prelims	Women's 100 Fly	10:21 AM
Prelims	Men's 100 Fly	10:33 AM
Prelims	Women's 200 Free	10:43 AM
Prelims	Men's 200 Free	11:03 AM
Finals	Women's 400 IM	5:31 PM
Finals	Men's 400 IM	5:54 PM
Finals	Women's 100 Fly	6:15 PM
Finals	Men's 100 Fly	6:28 PM
Finals	Women's 200 Free	6:40 PM
Finals	Men's 200 Free	6:56 PM

Friday, February 20 | Day Six of Meet | Start Times Subject to Change

<u>Round</u>	<u>Event</u>	<u>Start Times (All times Eastern)</u>
Prelims	Women's 200 Fly	9:30 AM
Prelims	Men's 200 Fly	9:45 AM
Prelims	Women's 100 Back	9:59 AM
Prelims	Men's 100 Back	10:11 AM
Prelims	Women's 100 Breast	10:20 AM
Prelims	Men's 100 Breast	10:29 AM
Finals	Women's 200 Fly	5:31 PM
Finals	Men's 200 Fly	5:47 PM
Finals	Women's 100 Back	6:02 PM
Finals	Men's 100 Back	6:16 PM
Finals	Women's 100 Breast	6:29 PM
Finals	Men's 100 Breast	6:42 PM
Finals	Women's 400 Medley Relay	7:09 PM
Finals	Men's 400 Medley Relay	7:27 PM

Saturday, February 21 | Day Seven of Meet | Start Times Subject to Change

<u>Round</u>	<u>Event</u>	<u>Start Times (All times Eastern)</u>
Prelims	Women's 200 Back	9:30 AM
Prelims	Men's 200 Back	9:49 AM
Prelims	Women's 100 Free	10:04 AM
Prelims	Men's 100 Free	10:18 AM
Prelims	Women's 200 Breast	10:30 AM
Prelims	Men's 200 Breast	10:46 AM
Finals (Early Heat)	Women's 1650 Free	2:30 PM
Finals (Early Heat)	Men's 1650 Free	3:41 PM
Finals	Women's 1650 Free	5:31 PM
Finals	Men's 1650 Free	5:54 PM
Finals	Women's 200 Back	6:16 PM
Finals	Men's 200 Back	6:32 PM
Finals	Women's 100 Free	6:48 PM
Finals	Men's 100 Free	7:01 PM
Finals	Women's 200 Breast	7:13 PM
Finals	Men's 200 Breast	7:29 PM
Finals	Women's 400 Free Relay	8:00 PM
Finals	Men's 400 Free Relay	8:15 PM