ORDER OF EVENTS

(Revised 3.25.2025)

Friday May 2nd

Field Events

2:00 P.M. Hammer- M Top 9 Advance Pole Vault- M Open/ Invite

3:00 P.M. High Jump- M

Shot Put- W Top 9 Advance

5:00 P.M. Hammer- W Top 9 Advance

6:00 P.M. Long Jump- W/M Top 9 Advance Shot Put- M Top 9 Advance Pole Vault- W Open/ Invite

Running Events

6:00 P.M. 400M Hurdles- W/M Finals

6:30 P.M. 200M W/M Finals

7:30 P.M. 1500M- W/M Finals

8:30 P.M. 3000M Steeple Chase- W/M Finals

9:10 P.M. 5000M- W/M Invite Top 16 in 1st section

Saturday May 3rd

Field Events

11:00 A.M. Discus- M Top 9 Advance Javelin- W Top 9 Advance

1:00 P.M. Triple Jump-W/M Top 9 Advance

High Jump- W 2:30 P.M. Discus- W Top 9 Advance Javelin- M Top 9 Advance

Running Events

9:00 A.M. 100H- W Prelims

9:20 A.M. 110H- M Prelims

9:40 A.M. 100M-W Prelims

10:00 A.M. 100M- M Prelims

Intermission

12:00 P.M. 4x100 Relay- W/M Finals

12:30 P.M. 800M-W/M Finals

1:30 P.M. 100H-W Finals

1:50 P.M. 110H- M Finals

2:10 P.M. 400M-W/M Finals

3:00 P.M. 100M- W/M Finals

3:30 P.M. 4x400 Relay- W/M Finals