

# TENTATIVE SCHEDULE-3/28/2025

## Friday, April 4, 2025

| Field Events |   |                               | Running Events |   |               |
|--------------|---|-------------------------------|----------------|---|---------------|
| 8:00am       | G | Discus Inner                  | 9:00am         | B | 3200m         |
| 8:30am       | B | Discus Outer                  | 9:30am         | G | 3200m         |
| 9:00am       | G | Long Jump                     | 10:00am        | B | 100m (Back)   |
| 9:00am       | B | Long Jump                     | 10:00am        | G | 100mH (Front) |
| 9:00am       | G | High Jump                     | 10:15am        | G | 100m (Back)   |
| 9:00am       | B | Pole Vault                    | 10:15am        | B | 110mH (Front) |
| 10:45am      | B | Javelin                       | 10:30am        | G | 800m          |
| 11:00am      | W | Hammer                        | 10:45am        | B | 800m          |
| 11:15am      | G | Shot Put                      | 11:00am        | G | 400m          |
| 11:15am      | B | Shot Put                      | 11:20am        | B | 400m          |
| 12:00pm      | B | <b>David Perkel High Jump</b> | 12:00pm        | W | 4x800         |
| 12:00pm      | G | Pole Vault                    |                | M | 4x800         |
| 12:15pm      | G | Javelin                       | 2:30pm         | W | 4x100 Prelim  |
| 2:30pm       | W | High Jump <b>INVITE</b>       | 2:40pm         | M | 4x100 Prelim  |
| 2:00pm       | W | Discus <b>INVITE</b>          | 2:50pm         | G | 4x100 Prelim  |
| 3:30pm       | M | Hammer                        | 3:05pm         | B | 4x100 Prelim  |
| 4:00pm       | W | Long Jump <b>INVITE</b>       | 3:20pm         | G | 1600m         |
| 4:00pm       | M | Long Jump <b>INVITE</b>       | 3:35pm         | B | 1600m         |
| 4:00pm       | M | Javelin                       | 3:50pm         | W | 1500m         |
|              | W | W JAV TO FOLLOW               | 4:05pm         | M | 1500m         |
|              |   | MEN                           | 4:20pm         | W | 200m          |
| 4:00pm       | W | Pole Vault                    | 4:40pm         | M | 200m          |
| 5:00pm       | W | High Jump Open                | 5:00pm         | W | 200m (OD)     |
| 6:00pm       | W | Long Jump Open                | 5:10pm         | M | 200m (OD)     |
| 6:00pm       | M | Long Jump Open                | 5:25pm         | W | 400mH         |
|              |   |                               | 5:45pm         | M | 400mH         |
|              |   |                               | 6:05pm         | G | 4x400 Prelim  |
|              |   |                               | 6:30pm         | B | 4x400 Prelim  |
|              |   |                               | 6:50pm         | W | 4x400 Prelim  |
|              |   |                               | 7:10pm         | M | 4x400 Prelim  |
|              |   |                               | 7:25pm         | W | 1500 INVITE   |
|              |   |                               | 7:35pm         | M | 1500 INVITE   |
|              |   |                               | 7:50pm         | W | Steeple       |
|              |   |                               | 8:05pm         | M | Steeple       |
|              |   |                               | 8:20pm         | W | 5k            |
|              |   |                               | 8:45pm         | M | 5k            |

TENTATIVE  
TIMES NOT  
FINAL

## Saturday, April 5, 2025

| Field Events |   |                           | Running Events |   |                                  |
|--------------|---|---------------------------|----------------|---|----------------------------------|
| 9:00am       | G | Triple Jump               | 9:30am         | G | 4x800                            |
| 9:00am       | B | Triple Jump               | 9:55am         | B | 4x800                            |
| 9:00am       | M | Discus Open               | 10:20am        | G | 4x200                            |
| 11:00am      | M | Discus <b>INVITE</b>      | 10:40am        | B | 4x200                            |
| 12:00pm      | M | High Jump <b>INVITE</b>   |                |   |                                  |
| 12:00pm      | M | Shot Put Open             | 12:00pm        | W | 100mH Prelim                     |
| 12:30pm      | W | Shot Put <b>INVITE</b>    | 12:15pm        | W | 100mH Prelim (OD)                |
| 1:00pm       | M | Pole Vault                | 12:25pm        | M | 110mH Prelim                     |
| 12:45pm      | W | Triple Jump               | 12:35pm        | M | 110mHPrelim (OD)                 |
| 12:45pm      | M | Triple Jump               | 12:45pm        | G | 4x100 Final                      |
| 1:45pm       | W | Discus Open               | 12:50pm        | B | 4x100 Final                      |
| 2:30pm       | M | High Jump Open            | 12:55pm        | W | 4x100 Final                      |
| 2:30pm       | M | Shot Put <b>INVITE</b>    | 1:00pm         | M | 4x100 Final                      |
| 3:45pm       | W | Shot Put Open             | 1:05pm         | W | 4x100 (OD)                       |
| 4:00pm       | W | Triple Jump <b>INVITE</b> | 1:10pm         | M | 4x100 (OD)                       |
| 4:00pm       | M | Triple Jump <b>INVITE</b> | 1:20pm         | W | 800m                             |
|              |   |                           | 1:45pm         | M | 800m                             |
|              |   |                           | 2:25pm         | W | 100mH Final                      |
|              |   |                           | 2:30pm         | W | 100mH Final (OD)                 |
|              |   |                           | 2:40pm         | M | 110mH (F)                        |
|              |   |                           | 2:45pm         | M | 110mH (OD)                       |
|              |   |                           | 2:55pm         | W | 400m                             |
|              |   |                           | 3:15pm         | W | 400m (OD)                        |
|              |   |                           | 3:20pm         | M | <b>Tyrone Kemp 400m</b>          |
|              |   |                           | 3:45pm         | M | 400m (OD)                        |
|              |   |                           | 3:55pm         | W | 100m                             |
|              |   |                           | 4:10pm         | W | 100m (OD)                        |
|              |   |                           | 4:20pm         | M | 100m                             |
|              |   |                           | 4:35pm         | M | 100m (OD)                        |
|              |   |                           | 4:50pm         | W | 3k                               |
|              |   |                           | 5:05pm         | M | 3k                               |
|              |   |                           | 5:20pm         | G | 4x400 Final                      |
|              |   |                           | 5:27pm         | B | 4x400 Final                      |
|              |   |                           | 5:34pm         | W | 4x400 Final                      |
|              |   |                           | 5:41pm         | M | 4x400 Final                      |
|              |   |                           | 5:48pm         | W | <b>Olympic Dev 4x400</b>         |
|              |   |                           | 5:55pm         | M | <b>Olympic Dev 4x400</b>         |
|              |   |                           | 6:02pm         | W | <b>Tom Jones 4x400 INVITE</b>    |
|              |   |                           | 6:09pm         | M | <b>Jimmy Carnes 4x400 INVITE</b> |

