# **Boston University** Sharon Colyear-Danville Season Opener Saturday, December 7, 2024

### Saturday: Doors open at 8:45am

# Field Events: 11:00am

Women's High Jump followed by Men's High Jump Women's Shot Put followed by Men's Shot Put **MEN's** Pole Vault Women's Long Jump followed by Men's Long Jump Women's Weight Throw (Following men's shot put) followed by Men's WT Women's Triple Jump (Following men's long jump)

## **Running events:**

10:15am 10:20am	Women's 60H Trials Women's 60m Trials
10:23am	Men's 60m Trials
10:28am	Women's 400m
10:35am	Men's 400m
10:50am	Women's Mile
11:15am	Men's Mile
11:50am	Women's 60H FINAL
11:54am	Men's 60H FINAL
11:57am	Women's 60m FINAL
11:59am	Men's 60m FINAL
12:05pm	Women's 800m
12:17pm	Men's 800m
12:25pm	Women's 600m
12:30pm	Men's 600m
12:35pm	Women's 200m
12:43pm	Men's 200m
12:55pm	Women's 300m
1:10pm	Men's 300m
1:28pm	Women's 1000m
1:32pm	Men's 1000m
1:45pm	Women's 4x400m
1:55pm	Men's 4x400m
2:05pm	Women's 3000m
3:10pm	Men's 3000m
4:10pm	Women's 5000m
6:15pm	Men's 5000m

Fast sections first

Jumps: Best Flight Last (if flighted)



#### Estimated Heat Times for 3k and 5k:

### Women's 3k

- Heat 1: 2:05pm Heat 2: 2:15pm Heat 3: 2:25pm Heat 4: 2:35pm
- Heat 5: 2:45pm
- Heat 6: 2:55pm

## Men's 3k:

Heat 1: 3:10pm Heat 2: 3:19pm Heat 3: 3:28pm Heat 4: 3:37pm Heat 5: 3:46pm Heat 6: 3:55pm

## Women's 5k:

Heat 1: 4:10pm Heat 2: 4:29pm Heat 3: 4:48pm Heat 4: 5:07pm Heat 5: 5:26pm Heat 6: 5:45pm Heat 7: 6:04pm

## Men's 5k:

Heat 1: 6:25pm Heat 2: 6:41pm Heat 3: 6:57pm Heat 4: 7:13pm Heat 5: 7:29pm Heat 6: 7:45pm Heat 7: 8:01pm Heat 8: 8:17pm Heat 9: 8:33pm