Final Schedule: Friday, January 28th, 2022 MULTI-DAY 1: The times below are ESTIMATES on start times for each event of the Multi.							
~9:35AM	MEN	LONG JUMP					
~10:30AM	MEN	SHOT PUT					
~11:30AM	MEN	HIGH JUMP					
9:30 AM	WOMEN	60M HURDLES					
~10:25:00 AM	WOMEN	HIGH JUMP					
~12:00:00 PM	WOMEN	SHOT PUT					
~1:00:00 PM	WOMEN	LONG JUMP					
~2:30:00 PM	WOMEN	800M RUN					
FRIDAY FIELD EV	ENTS						
2:00 PM	WOMEN	POLE VAULT	FINAL				
3:00 PM	MEN	WEIGHT THROW	TRIALS & FINALS				
3:00 PM	WOMEN	LONG JUMP	TRIALS & FINALS				
5:00 PM	MEN	LONG JUMP	TRIALS & FINALS				
4:00 PM	WOMEN	WEIGHT THROW	TRIALS & FINALS				
***WEIG	HT THROW- NOTHING WIL	L BE MEASURED UNDER 16M FOR TH	E WOMEN & 16M FOR THE MEN				
FRIDAY TRACK E	<u>VENTS</u>						
12:25PM		NATIONAL ANTHEM					
12:30PM	WOMEN	5000M RUN	FINAL				
12:50 PM	MEN	5000M RUN	FINAL				
1:10PM	WOMEN	60m DASH	PRELIM				
1:35PM	MEN	60m DASH	PRELIM				
2:00PM	WOMEN	MILE RUN	SEC vs TIME				
2:20PM	MEN	MILE RUN	SEC vs TIME				
~2:30PM	WOMEN	800M PENTATHALON	FINAL				
2:40PM	WOMEN	60m HURDLES	PRELIM				
3:00PM	MEN	60m HURDLES	PRELIM				
3:20 PM	GIRLS	MILE RUN	FINAL				
3:30 PM	BOYS	MILE RUN	FINAL				
3:40PM	WOMEN	60m DASH	SEMI				
3:55PM	MEN	60m DASH	SEMI				
4:05PM	WOMEN	400m RUN	SEC vs TIME				
4:40PM	MEN	400m RUN	SEC vs TIME				
5:10 PM	GIRLS	400M RUN	SEC vs TIME				
5:20 PM	BOYS	400M RUN	SEC vs TIME				
5:30PM	WOMEN	60m HURDLES	FINAL				
5:35PM	MEN	60m HURDLES	FINAL				
5:45PM	WOMEN	DMR	FINAL				
6:00PM	MEN	DMR	FINAL				
6:15PM	WOMEN	60m DASH	FINAL				
6:20PM	MEN	60m DASH	FINAL				

Final Schedule: Saturday, January 29th, 2022							
MULTI-DAY 2: The times below are ESTIMATES on start times for each event of the Multi.							
9:00AM	MEN	60M HURDLES	FINAL				
~9:40AM	MEN	POLE VAULT	FINAL				
~11:00AM	MEN	1000M RUN	FINAL				
SATURDAY FIELD EVENTS							
10:00AM	MEN	SHOT PUT	TRIALS & FINALS				
10:00AM	WOMEN	HIGH JUMP	TRIALS & FINALS				
10:30AM	MEN	TRIPLE JUMP	FINAL				
11:00PM	MEN	POLE VAULT	FINAL				
12:00 PM	WOMEN	SHOT PUT	TRIALS & FINALS				
1:00PM	WOMEN	TRIPLE JUMP	FINAL				
1:00PM	MEN	HIGH JUMP	TRIALS & FINALS				
***SHOT PUT- NOTHING WILL BE MEASURED UNDER 14M FOR THE WOMEN & 16M FOR THE MEN							
SATURDAY TRACK EVENTS							
~11:00AM	MEN	1000M RUN	FINAL				
11:10AM	WOMEN	800M RUN	SEC vs TIME				
11:35AM	MEN	800M RUN	SEC vs TIME				
12:00PM	GIRLS	800M RUN	FINAL				
12:05PM	BOYS	800M RUN	FINAL				
12:15 PM	WOMEN	200M DASH	SEC vs TIME				
1:00PM	MEN	200M DASH	SEC vs TIME				
1:40 PM	GIRLS	200M DASH	SEC vs TIME				
1:45 PM	BOYS	200M DASH	SEC vs TIME				
1:55 PM	WOMEN	3000M RUN	SEC vs TIME				
2:35PM	MEN	3000M RUN	SEC vs TIME				
3:15PM	WOMEN	4X400M RELAY	SEC vs TIME				
3:45 PM	MEN	4X400M RELAY	SEC vs TIME				