

**GEORGIA TECH INVITATIONAL**  
**GEORGE C. GRIFFIN TRACK – GEORGIA TECH**  
**ATLANTA, GEORGIA**  
**FRIDAY-SATURDAY, APRIL 19-20, 2019**  
(revised 4/3/19)

**MEET**

The Georgia Tech Invitational is a collegiate invitational. All athletes representing intercollegiate teams must be eligible according to respective NCAA rules. Meet will be conducted in accordance with NCAA Rules.

All running events will be run as heats against time finals. In the Long Jump, Triple Jump, Shot Put, Discus, Hammer, and Javelin, the top 9 qualifiers will advance to a final. For seeding purposes, TFRRS marks from the 2019 Indoor and Outdoor season will be used as the primary guide. Placement in heats/flights will be at the discretion of the meet management staff. If you have any additional seeding notes for consideration, please email Alan Drosky ([adrosky@athletics.gatech.edu](mailto:adrosky@athletics.gatech.edu)) before the close of entries. Only 2019 TFRRS marks meeting the entry standards listed below will be accepted into the meet.

**TRACK**

The George C. Griffin Track is 400m with a Mondo surface. There are eight 42" lanes. Approaches for LJ, TJ, JT, HJ, and PV are Mondo. SP, HT, and DT circles are concrete.

Distances for approaches:

PV	150'
JT	120'
HJ	80' (longer on oval if needed)
TJ	200' (North) / 160' (South)
LJ	240' (North) / 200' (South)

SPIKES: use ¼" pyramid spikes for all running, jumping, and javelin events. Athletes not using ¼" Pyramid Spikes will not be allowed onto the track. \*\*\*In High Jump Spikes where the spike plate is recessed, 3/8" Pyramid Spikes will be allowed. Coaches: Please ensure your athletes use only Pyramid Spikes.

**COLLEGIATE ENTRIES**

All collegiate entries must be entered online through Direct Athletics. Entries may be entered online between Sunday, April 14, 2019 at 3:00pm until Wednesday, April 17, 2019 at 11:00am. Your final entries must be completed during this time. There will be no declaration period, so please make sure your entries accurately reflect the events in which you intend to compete.

**NON-COLLEGIATE/UNATTACHED ENTRIES**

All non-collegiate/unattached entries must be entered prior to Wednesday, April 17, 2019 at 11:00am, following the steps below:

You must create a CLUB or INDIVIDUAL athlete account. Please visit [www.directathletics.com](http://www.directathletics.com). If you are entering a club/open relay or a coach submitting multiple club/open entries from one club affiliation you should create a team account at [www.directathletics.com](http://www.directathletics.com) and select "Club" as the team type.

You must enter a time or mark that can be verified online. Times or marks that cannot be verified will be moved to slower sections or subject to non-acceptance into the meet. If you have additional seeding notes for consideration, please email Alan Drosky ([adrosky@athletics.gatech.edu](mailto:adrosky@athletics.gatech.edu)) before the close of entries.

ENTRY FEES of \$35 per athlete for non-collegiate/unattached entries must be paid on the Direct Athletics site via credit card at the time of entry. There will be NO REFUNDS for scratches or no-show athletes.

## **ENTRY FEE**

Entry fee is \$35.00 **per athlete entered**, up to a maximum of \$500.00 per team. Men and women's teams are considered separate entries. Collegiate entries may pay entry fee at the main entrance to the track prior to picking up your packet. If paying by check, make checks payable to GTAA. Collegiate entries may also be paid online by credit card at Direct Athletics at the time of entry. Non-collegiate/unattached entry fees must be paid online by credit card at Direct Athletics at the time of entry.

**ENTRY STANDARDS:** only entries meeting the marks listed below will be accepted in the meet.

<b><u>WOMEN</u></b>		<b><u>MEN</u></b>	
100m	12.60	100m	11.20
200m	26.20	200m	22.50
400m	59.50	400m	50.50
800m	2:22.00	800m	1:58.50
1500m	4:55.00	1500m	4:04.00
5000m	18:30.00	5000m	15:30.00
100m H	15.60	110m HH	15.60
400m IH	1:06.00	400m IH	57.00
3000mSC	11:50.00	3000mSC	9:55.00
High Jump	1.54m	High Jump	1.90m
Pole Vault	3.40m	Pole Vault	4.40m
Long Jump	5.30m	Long Jump	6.60m
Triple Jump	11.30m	Triple Jump	13.50m
Shot Put	12.20m	Shot Put	14.50m
Discus	38.50m	Discus	44.00m
Hammer	44.00m	Hammer	52.00m
Javelin	36.00m	Javelin	48.00m

## **PACKET PICK-UP**

Thursday, April 18, 2019	5:00pm – 7:00pm
Friday, April 19, 2019	9:30am – 1:00pm and 3:30pm – 8:00pm
Saturday, April 20, 2019	9:30am – 2:30pm

Packets can be picked up at the main entrance to the track. Packets will include a meet schedule and competitors' numbers, coaches/staff wristbands, and any last minute notes.

## **TRACK PRACTICE SCHEDULE**

The George C. Griffin Track will be open for practice at the following dates and times:

Thursday, April 18, 2019	4:00pm – 5:00pm (HAMMER THROW ONLY)
Thursday, April 18, 2019	5:00pm – 7:00pm (all events other than hammer throw)
Friday, April 19, 2019	8:00am – 10:00am
Saturday, April 20, 2019	8:00am – 10:00am

**COMPETITORS' NUMBERS:** to be worn by all athletes on front of uniform (PV may wear number on back).

**SHOWER & DRESSING FACILITIES:** There will be no shower or dressing facilities available.

## **WARM-UP AREA**

The Brock Football Indoor Practice Facility will serve as the warm-up area. **ABSOLUTELY NO** shot put, discus, hammer, or javelin warm-ups should take place in the warm-up area; warm-ups for these events should be done at the event site on the infield of the track. There will be hurdles available for warm-up in the warm-up area. Access to warm-up area is for competing athletes and coaches/staff only. Separate colored wristbands for athletes and for coaches/staff will be used to gain access.

## **CLERK**

Running event athletes must check-in with the clerk at least 30 minutes prior to their event. The clerk will be located in the northeast corner of the Brock Football Indoor Facility adjacent to the track. From there, running event athletes will be clerked onto the track. Field event athletes must check-in with the head official of their event at the event site at least 30 minutes prior to the start of their event. Coaches, please encourage your athletes to check-in on time as they will be scratched from the meet if they do not check-in properly.

## **MINIMUM DISTANCE FOR MEASUREMENT** (only legal attempts that reach minimums will be measured):

	<u>WOMEN</u>	<u>MEN</u>
Long Jump	5.30m / 17' 4.5"	6.60m / 21' 8"
Triple Jump	11.30m / 37' 1"	13.50m / 43' 3.5 "
Shot Put	12.00m / 39' 4.5"	14.00m / 45' 11.25 "
Discus	38.00m / 124' 8"	44.00m / 144' 4"
Hammer	44.00m / 144' 4"	44.00m / 144' 4"
Javelin	36.00m / 118' 1"	48.00m / 157' 6"

**STARTING HEIGHTS** – will be determined by meet referee upon close of entries.

## **IMPLEMENT WEIGH-IN**

Friday	8:30am to 9:30am	Hammer (M/W)
	3:30pm to 4:30pm	Javelin (M/W)
Saturday	10:30am to 11:30am	Discus (W) / Shot Put (M)
	12:00pm to 1:00pm	Discus (M) / Shot Put (W)

(Saturday implements may be dropped off during Friday weigh-in)

Implement weigh-in will take place at the west end of the first section of track stands. The door will have a sign signifying the weigh-in area. Implements that pass inspection will be brought out to the event site 45 minutes prior to the start of the event. Those that do not pass inspection will be available for pick-up 1 hour after the event conclusion.

## **SCHEDULE**

We will make every effort to run this meet as close to the enclosed schedule as possible. Depending upon number of entries, the schedule may be revised. If the schedule is revised, an updated schedule will be posted online at [www.ramblinwreck.com](http://www.ramblinwreck.com) on Thursday, April 18, 2019.

## **COACHES**

**NO** coaches or non-competing athletes should be on the infield or track during the meet. All spectators, coaches, and non-competing athlete must stay in the stands, warm-up area, or outside the fence bordering the track. Your cooperation in this matter will be greatly appreciated.